



Fun & Fitness

Summer
2019

Non-credit programs for all ages



MISERICORDIA
UNIVERSITY

misericordia.edu

CONTACT INFORMATION

Center for Adult & Continuing Education

Misericordia University

301 Lake Street

Dallas, PA 18612

The Center for Adult and Continuing Education is in the **Trocaire Building** located on the upper campus.

Phone: 570-674-6289

Email: funfitness@misericordia.edu

Visit us online at www.misericordia.edu/funandfitness

DEAR FRIENDS,

We typically think about summer fun as a trip to the beach, an amusement park, campground, or other “Happy Place”. But what about having fun in the pursuit of life-long learning? With Misericordia University’s Summer Fun & Fitness program, the joy of life-long learning is at your doorstep—and not all learning requires you to be the classroom!

Back by popular demand this summer are our digital photography and therapy dog preparation classes, both of which allow for hands-on learning. And speaking of “hands-on” learning, our ever-popular Clay by Hand and Pottery Wheel classes round out the schedule.

We are pleased to offer a Lunch and Learn series and other programs on topics of interest to the community. In fact, many of the topics featured are in direct response to requests from past participants.

You’re also invited to enjoy our popular Fitness and Water Aerobics classes in the Anderson Sports & Health Center. Not sure if these classes are right for you? Give us a call and try a class for free to help you decide. In addition, memberships to our state-of-the-art Fitness Center are available.

Finally, summer would not be complete at Misericordia without our Sports and Career Exploration Camps for elementary and high school students.

Our goal is to offer something for everyone, but to do this, we need to hear from you! Is there a non-credit course or program you would like to see offered as part of our Fun & Fitness Program? If so, please call us at 570-674-6289 or email us at funfitness@misericordia.edu. We’d love to hear from you!

On behalf of everyone in the Center for Adult & Continuing Education, we hope you decide to make Misericordia University one of your “Happy Places” this summer!

Sincerely,



Paul Nardone

Director

Center for Adult & Continuing Education



MISSION STATEMENT

The Center for Adult & Continuing Education and Office of Summer Studies embrace a commitment to life-long learning. We provide high-quality programs that drive community and adult education, innovative online learning, hospitality, and service to all.

CLAY BY HAND AND POTTERY WHEEL

Basic Clay will instruct artists (ages 14 and older) in hand-building and pottery wheel skills, as well as decorative and glazing techniques that will enhance their work. Projects will be fired in the kiln.

Instructor: Cathleen Repholz

Cathleen Repholz began studying ceramics while earning her B.S. in Mathematics at Dickinson College. In 2009, she decided to pursue a career in clay and started Bean's Pottery. Cathleen went on to earn her Master of Art in Ceramics from Marywood University in 2011. Her work has been exhibited at many regional fine craft shows and art exhibitions.

Choose from three class options:

Mondays: June 3, 10, 17, 24, July 8, 15, 22, 29

Time: 6 to 8 pm

Wednesdays: June 5, 12, 19, 26, July 10, 17, 24, 31

Time: 1 to 3 pm

Wednesdays: June 5, 12, 19, 26, July 10, 17, 24, 31

Time: 6 to 8 pm

Cost: \$170.00 for an eight-week session and includes first bag of clay. Additional bags can be bought through the studio for \$16.00 per 25-lb bag.

Discounts do not apply.

Advance registration required.

Location: Misericordia University Art Studio located at the rear of 50 Lake Street, Dallas, PA

Online registration is available at misericordia.edu/adultclay beginning Friday, April 12.

**INTRODUCTION TO DIGITAL PHOTOGRAPHY AND PHOTOSHOP**

Do you want to get the most out of your digital camera? Take better pictures? Get a better understanding of controlling the outcome of what your image looks like? Then this course is for you! Part of each class will be spent learning how to take your photography to the next level through camera controls, lighting, and composition while using the scenic Misericordia University campus as your working environment. The class is designed towards DSLR cameras but any digital camera can be used.

The class also teaches students how to edit their images using Photoshop and other software while working in a Mac computer lab.

The instructor will also help you with friendly constructive feedback of your work. Students are encouraged to use their own computers to improve their skills with equipment they are familiar with. The class is oriented towards art, design, color, and composition of photos and can progress to sports, street, and portrait photography. It will also help you make your photos look better while refining pictures through the digital process.

Instructor Jimmy May has been an adjunct faculty member at Misericordia University for the past 10 years and a professional photographer for the past 33 years, working in the news media.

Days/Dates: Tuesdays, July 16, 23, 30; August 6, 13

Time: 6 to 8 pm

Location: Mez 5, Walsh Hall (Lower Level)

Instructor: Jimmy May

Ages: 15 through adult

Cost: \$125

Discounts do not apply.

Advance registration required.

THErapy DOg PREPARATION CLASS

Want to become part of a PAWSome team? Then this class is for you! Throughout this six-week course, handlers will have the opportunity to learn and practice the basic skills necessary for their dogs to become therapy dogs. Therapy dogs are well-mannered dogs who volunteer with their handlers in hospitals, nursing homes, schools, reading programs, dog education events, and many other areas.

This class covers basic elements of therapy dog work such as manners, calmness in unusual situations, and visiting etiquette. Dogs and handlers will learn behaviors associated with good therapy dogs, obedience and handling skills needed for visits, visiting protocol, and techniques for effective interaction between visiting teams and patients. Dogs will be introduced to medical devices including walkers, wheelchairs, canes, and crutches.

This class is not designed nor required to certify dogs but rather to give both handler and dog the tools to become effective therapy teams and to be better prepared for tests conducted by various programs. The final class will cover the “next steps” for becoming certified.

To qualify, dogs must:

- Be friendly with other dogs and people - Desire interaction with people - Understand basic obedience commands on a leash such as sit, stay, and come -
- Walk nicely on a loose leash - Have a dog license - Be clean, well-groomed, and up-to-date on vaccinations - Be at least one year old to be evaluated as a therapy dog (but younger dogs are welcome).

Days/Dates: Wednesdays, July 10, 17, 24, 31; August 7, 14

Time: 6 to 8 pm

Location: Main Floor, 50 Lake Street, Dallas, PA

Facilitator: Mary Perrego, CPDT-KA, Certified Dog Trainer

Cost: \$120.

Discounts do not apply. Advance registration required.



Misericordia University and Metz Culinary Management are pleased to offer a **free** summer Lunch and Learn series for area senior citizens. Each program features a topic of interest to area seniors, along with a delicious and healthy lunch, courtesy of Metz Culinary Management.

SENIOR CITIZENS AND OVER-THE-COUNTER MEDICATIONS: THE GOOD, THE DANGEROUS, AND THE SIDE EFFECTS

This program covers the risks and benefits of many over-the-counter medications (OTCs) and herbs, including the side effects of OTCs and the effectiveness of these drugs. Abuse of OTCs will be addressed, along with dependency issues. Time permitting, a brief discussion will be held on medication advertised on TV.

Day: Tuesday, June 25, 2019

Time: 11:30 am to 1 pm

Location: Catherine Evans McGowan Room (elevator-accessible), 3rd Floor, Mary Kintz Bevevino Library

Presenter: James Siberski, MS, CMC

Advance registration required no later than June 21.

8 THINGS OLDER ADULTS & FAMILIES SHOULD PLAN FOR

Navigating the aging process can be challenging. This presentation will discuss developing a holistic, person-centered planning approach to aging well. Planning ahead can help you maintain your autonomy for longer in your preferred environment. The 8 areas that will be discussed include housing, family concerns, local resources, advocacy needs, legal issues, and crisis support. Participants will also have the opportunity to participate in a Q&A session to address their particular concerns about these 8 areas to plan for. Geriatric care management and other community based supports will also be discussed as resources when additional assistance may be required.

Day/Date: Tuesday, July 30, 2019

Time: 11: 30 am – 1 pm

Location: Catherine Evans McGowan Room (elevator-accessible), 3rd Floor, Mary Kintz Bevevino Library

Presenter: David Hage, MSW, LCSW, A-SWCM, ACSW

Advance registration required no later than July 26.

ONE-DAY WORKSHOPS

AN INTRODUCTION TO MINDFULNESS: PERSONAL & PROFESSIONAL IMPLICATIONS

This innovative workshop provides an introduction to mindfulness with attention on the usefulness and benefits of this approach to life and work. It includes some simple practices that one can institute in one's personal and work life to enhance the depth and quality of our lives, bring greater awareness to the potential and choices in our lives, and encourage a deeper appreciation of one's everyday lived experience.

Day/Date: Thursday, June 6, 2019

Time: 10 – 11:30 am

Location: Sandy and Marlene Insalaco Hall,
Room INS 029 (Lower Level)

Presenter: Dr. Cindy March, RSM

Cost: \$25

Discounts do not apply.

Advance registration required.

TIME MANAGEMENT: THERE'S AN APP FOR THAT!

How well do you manage your time? If you're like most people, the answer is probably, "not very well." This workshop will review and offer practical tips and applications you can download on your smart phone and tablet to help organize your personal and professional life.

Day/Date: Wednesday, July 17, 2019

Time: 10 – 11:30 am

Location: Sandy and Marlene Insalaco Hall,
Room INS 029 (Lower Level)

Presenter: Megan Hurley

Cost: \$25

Discounts do not apply.

Advance registration required.



HEALTH AND WELLNESS

NEPA LYME SUPPORT GROUP MEETINGS

You are invited to attend the PA Lyme Resource Network (NEPA Region) for its monthly Lyme Support Group meetings at Misericordia University. Facilitated by Michele Cassetori, OTR/L, the network's VP Director Education & Outreach and NEPA Regional Leader, the meetings include guest speakers, along with informational literature and brochures.

Tick-borne infections are preventable, and awareness is the first step to action. Lyme can be serious if not diagnosed and treated early. Ticks are a state-wide risk, with Pennsylvania leading the nation in new cases. Learn how to prevent tick bites and Lyme and tick-borne diseases!

Important Note: The information presented in this group is for informational purposes and not intended to take the place of professional medical advice. Individuals should always consult their healthcare provider to determine their own treatment plan. These meetings are free and open to the public.

Days/Dates: Tuesday, June 4 & Tuesday, August 6

Time: 6:00 pm

Location: Sandy & Marlene Insalaco Hall,
Huntzinger (INS 218) Room

Cost: Free

Advance registration not required.

FITNESS CENTER MEMBERSHIPS

Our state-of-the-art fitness center allows for a full cardio workout as well as weight-training. Access to our gym facilities also includes the pool, basketball courts, racquetball courts, and indoor walking track. A Misericordia-issued ID card is required for access to the Fitness Center and is provided upon registration. Replacement cards are \$20. Payments can be made in the Center for Adult & Continuing Education.

Dates: May 13 – August 16, 2019

Cost: \$80.00 Discounts apply.

FITNESS CENTER HOURS FOR SUMMER

Monday – Friday 6:15 am to 7 pm

Saturday and Sunday 12 to 5 pm

FITNESS & WATER AEROBICS CLASSES

FITNESS CLASSES

With a variety of classes, there is something for everyone! No matter your level, from beginner and beyond, our experienced instructors will strive to help you reach your goals. Available equipment includes: hand weights, weighted body bars, resistance tubing, stability balls, weighted balls, and kettlebells.

Dates: May 13 – August 16, 2019

Cost: Semester \$103.00; Monthly \$35.00; MU students \$35.00 (all semester)

Discounts apply.

Cardio with Extended Stretch: Enjoy the music and this low-impact workout! A relaxed stretch will complete the class.

Head-to-Toe: With the use of fitness equipment... just the right combination of strength and cardio to start your day! Core strength, balance, and flexibility are emphasized.

Weekend Workout: An instructor's choice class, from aerobics to strength, or maybe a step class. Come on in and see what it will be!

Yoga Flow Combo: Enjoy a new and exciting approach to yoga! This class synchronizes the body's motions and breath, resulting in a very steady workout, with increased energy and strength. Core and body strengthening are also incorporated for a complete workout.

Fitness Class Schedule:

Monday Cardio/Extended Stretch 8 am

Tuesday Yoga Flow Combo 8:30 am*

Wednesday Head-to-Toe 8:30 am

Thursday Cardio/Extended Stretch 8 am

Friday Head-to-Toe 8:30 am

Saturday Weekend Workout 9 am

*Yoga Flow Combo is a six-week class running June 4, 11, 18, 25; July 2, 9

WATER AEROBICS

Dates: May 13 – August 16, 2019

Days: Monday – Friday

Time: 8:30 to 9:30 am

Cost: Semester \$105.00; Monthly \$35.00

Discounts apply.

Please note that pool is kept at NCAA water temperature standards which is 79-81 degrees F.

OPEN POOL HOURS

Monthly calendars, including OPEN POOL HOURS are posted at the pool and at the Anderson Safety Desk. Information can also be found at www.misericordia.edu/poolhours, or call 570-674-6289.

INDOOR WALKING TRACK

The indoor walking track located in the Anderson Sports and Health Center at Misericordia provides a safe and comfortable environment for walking year-round.

Dates: May 13 – August 16, 2019

Days: Monday – Friday

Times: 6:15 am to 12 pm

Cost: \$40.00 for summer.

Discounts apply.

Note: When registering for a semester of Fitness or Water Aerobics classes, the walking track will be included in the cost. The walking track is available for use Monday through Friday 6:15 am to 12 pm.



SPORTS CAMPS

BASEBALL CAMP FOR BOYS

Ages: 7 – 12

Dates: July 8 – 12, 2019

Camp Hours: 9 am to 2 pm

Optional swim each day from 2 to 3 pm

Location: Tambur Field

Cost: \$145 individual per week; \$125 each additional child in same family (Other discounts do not apply)

Coach Pete Egbert

570-674-6471, pegbert@misericordia.edu

BASKETBALL CAMP FOR BOYS

Ages: 7 – 15

Dates: August 5 – 9, 2019

Camp Hours: 9 am to Noon

Location: Anderson Sports Center

Cost: \$75 per child (Other discounts do not apply)

Coach Willie Chandler

570-674-6317, wchandler@misericordia.edu

COUGAR FIELD HOCKEY CAMP

Ages: 7 – 16

Dates: June 24 – 28, 2019

Camp Hours: 9 am to 2 pm

(Report 8:30 am Day 1 only to Metz Fieldhouse)

Optional swim each day from 2 to 3 pm

Location: Anderson Outdoor Complex

Cost: \$145 individual per week; \$125 each additional child in same family (Other discounts do not apply)

Coach Robyn Fedor-Stahovic

570-674-6491, rfedor@misericordia.edu

COUGAR SOCCER SUCCESS CAMP

Ages: 7 – 14

Date: July 1 – 5, 2019

Camp Hours: 9 am to 2 pm

(Report 8:30 am Day 1 only to Mangelsdorf Stadium Field)

Optional swim each day from 2 to 3 pm

Location: MU Playing Fields

Cost: \$145 individual per week, \$125 each additional child in same family (Other discounts do not apply)

Coaches Mark Stauffer and Andrew Loughnane

570-674-6492, mstauffer@misericordia.edu

570-674-6294, aloughnane@misericordia.edu

GIRLS' BASKETBALL CAMP

Ages: 8 – 15

Dates: July 8 – 12, 2019

Camp Hours: 8:30 am to 12:30 pm

(Drop-off starts at 8 am)

Location: Anderson Sports Center

Cost: \$100 per child (Other discounts do not apply)

Coach Jason Rhine

570-674-3367, jrhine@misericordia.edu

GIRLS' LACROSSE CAMP

Ages: 7 – 17

Dates: July 15 – 18, 2019

Camp Hours: 9 am to 2 pm

Optional swim each day from 2 to 3 pm

Location: Anderson Outdoor Athletic Complex

Cost: \$120 per individual per week (Other discounts do not apply)

Coach Mat Faas

570-674-8309, mfaas@misericordia.edu

GIRLS' SOFTBALL CAMP

Ages: 7 – 13

Dates: August 12 – 16, 2019

Camp Hours: 9 am to 2 pm

Location: Anderson Softball Field

Cost: \$125 individual per week; \$100 each additional child in same family (Other discounts do not apply)

Coach Lindsay Freitag

570-674-3066, lfreitag@misericordia.edu

For more information visit: misericordia.edu/camps

For questions and general inquiries, see information listed for each camp for phone numbers and e-mail addresses.

CAREER EXPLORATION CAMPS

BIOLOGY CAMP

The Department of Biology at Misericordia University is hosting this Exploration Camp June 30 – July 3 from 9 am to 4 pm with additional evening activities. This camp is perfect for students entering the 11th or 12th grade in the fall of 2019. This camp is for students interested in learning about various professions in the Biological Sciences. This "Bio Camp" has been developed for qualified high school students who are curious and motivated to learn about career opportunities in the Biological Sciences. **Cost:** \$125

For an application and further information, please contact Dr. Larry Corpus at (570) 674-8166 or email lcorpus@misericordia.edu.

CHEMISTRY/BIOCHEMISTRY CAMP

The Chemistry/Biochemistry department at Misericordia invites students entering 12th grade in the fall of 2019 to explore careers in the chemical and biochemical sciences. This three-day/two-evening camp runs June 30 – July 2 from 8 am to 4 pm. Students interested in learning about the assortment of careers that a degree in chemistry or biochemistry can lead to are strongly encouraged to attend. Students will work together on projects in the areas of alternative energy resources, water quality, forensics, and pharmaceuticals gaining hands-on experience with instrumentation. This camp also offers field trips to facilities that will highlight the activities students complete first-hand. **Cost:** \$100

For more information about the camp and an application, contact Dr. Anna Fedor at (570) 674-6769 or e-mail afedor@misericordia.edu.

COMMUNICATIONS/MEDIA CAMP

The Department of Mass Communications and Design at Misericordia University is hosting a three-and-a-half day, three-night residential Career Exploration Camp for students interested in learning about the Communications and Media professions by thoroughly exploring print, television, and other media careers. The camp runs June 30 – July 3 from 8 am to 4 pm with additional evening activities. The camps is designed for students entering the 11th or 12th grade in the fall of 2019; seniors admitted first. **Cost:** \$125.

For more information about the camp and an application, contact Dr. Melissa Sgroi at (570) 674-6744 or e-mail msgroi@misericordia.edu.

LITERATURE CAMP

Misericordia's three-and-a-half day, three-night residential camp, which runs June 30 – July 3 from 8 am to 4 pm daily, with additional evening activities, features The Detective in Literature as its theme. The camp is designed for high school juniors and seniors (entering 11th or 12 grades in the fall of 2019) who have a passion for stories, poems, novels, and the stage. Participants will have the unique privilege to work with Misericordia faculty in a variety of workshop settings, including creative writing, literary adaptation, literature and pop culture, and literature in the multi-media age. **Cost:** \$125

For more information about the camp and an application, contact Dr. Patrick Hamilton at (570) 674-8020 or e-mail phamilton@misericordia.edu.

SPEECH-LANGUAGE PATHOLOGY CAMP

The Department of Speech-Language Pathology at Misericordia University is hosting a four-day and three-night residential Career Exploration Camp for rising high school seniors (entering the 12th grade in the fall of 2019) interested in learning about the profession of Speech-Language Pathology. The camp runs June 30 – July 3 from 8 am to 4 pm with additional evening activities. Speech-Language pathologists are employed in schools, hospitals, skilled nursing facilities, home health care settings, outpatient rehabilitation centers, day care centers for children and adults, and institutions of higher education. **Cost:** \$125

For more information or to register, contact Tracey O'Day at (570) 674-6724 or email today@misericordia.edu.

Please contact the individuals listed for the Career Exploration Camps registration forms.

Misericordia University 2019 Summer Conferences



26th Annual Cecilia Meighan, RSM Institute of Law & Religious Life

June 6 – 12, 2019

Under the theme, *The Individual Religious: Profession of the Evangelical Counsels (Vows) and the Obligations and Rights of Membership in the Institute*, Year II of the Institute's three-year cycle examines in-depth the civil and canon law implications of the vows, including the relationships created by the vows.

Elder & RELIGIOUS & DIOCESAN Priests

42nd Annual Elder Religious and Diocesan Priests Workshop

June 14 – 20, 2019

This intensive workshop specializes in providing practical applications and solutions and a strong support-networking system across the spiritual, psychological, medical, pastoral, and practical aspects of caring for and administering to the elders in our religious congregations and dioceses.

Dr. Marie Noël Keller, RSM
Institute on Sacred Scripture



51st Annual Dr. Marie Noël Keller, RSM Institute on Sacred Scripture

July 21 – 26, 2019

This institute offers inspiring and thought-provoking scripture study to people of all educational backgrounds with the simplicity and elegance of the scriptures themselves.

***New this year!** Two tracks for your convenience. Attend one or both. July 21– 23 and/or July 23– 26.

All are
welcome



TOURS WITH A DIFFERENCE

2019 tours to...

Spain, Paris, Brittany, Amsterdam, Lithuania, Latvia, Poland, Germany, and Austria

www.misericordia.edu/tourswithadifference

**Join Sister Noël Keller, RSM on her one-of-a-kind
tours with a difference**

www.misericordia.edu/tourswithadifference

Spanish Splendors

Featuring Malaga, Torremolinos, Granada, Ronda, Cordoba, Seville, Madrid, Salamanca, Avila, Segovia, The Valley of the Fallen, and Toledo

Dates: March 14 – 25, 2019

Cost: \$3,095.00

Paris, Brittany, Normandy, And Amsterdam

Featuring Paris, The Loire Valley, Chambord, Amboise, Carnac, St. Malo, Guernsey Island, Normandy Landing Beaches, Rouen, Bruges, Amsterdam, and Volendam

Dates: June 19 – 30, 2019

Cost: \$3,895.00

The Baltics And Poland Via Berlin Delights

Featuring Riga, Kaunas, Trakai, Vilnius, Krakow, Wieliczka, Auschwitz, Wroclaw, Lower Silesia, Berlin, and Postdam

Dates: September 12 – 23, 2019

Cost: \$3,395.00

Christmas Magic At The Markets

Featuring Austria and Germany

Dates: November 29 – December 9, 2019

Cost: \$2,995.00

All rates are based on double occupancy.

**If you are interested in any of these tours,
please contact Sr. Noël at 570-674-6776 or
email srnoel@misericordia.edu.**

Coming in 2020 – Passion Play Tour!

Dates: September 16 – 26, 2020 **Cost:** \$4,195.00

Dr. Marie Noël Keller, RSM Host

Misericordia University

Center for Adult and Continuing Education

301 Lake Street, Dallas, PA 18612

570-674-6776

srnoel@misericordia.edu

Charles J. Tharp, President

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Clarks Summit, PA 18411

570-344-9784



MISERICORDIA
UNIVERSITY

IMPORTANT INFORMATION

GENERAL INQUIRIES

570-674-6289

EMAIL

funfitness@misericordia.edu

WEB

www.misericordia.edu/funandfitness

CENTER FOR ADULT & CONTINUING EDUCATION OFFICE HOURS FOR REGISTRATIONS

Monday thru Friday 9:00 am – 4:00 pm

301 Lake Street, Dallas

Trocaire Building, Second Floor

ANDERSON CENTER HOURS FOR SUMMER

Monday – Friday: 6 am to 7 pm

Saturday and Sunday: 12 pm to 5 pm

Note: Anderson Center Hours are subject to change. Please visit www.misericordia.edu/funandfitness or call 570-674-6289 for holiday hours and closings.

ANDERSON POOL INFORMATION

Monthly calendars, including OPEN POOL HOURS are posted at the pool and at the Anderson Safety Desk. Information can also be found at www.misericordia.edu/poolhours, or call 570-674-6289.

To inquire about private swim lessons, or for groups of seven or more planning to attend an open swim, contact the Anderson pool in advance at 570-674-6446.

CONSULT YOUR PHYSICIAN

The American College of Sports Medicine strongly suggests that individuals receive medical approval from a physician before beginning an exercise program. Every participant should recognize that it is the individual's responsibility to prevent injury by being aware of their own state of health and limits of exercise. Misericordia University or Anderson Center personnel are not responsible for damages or injuries that may occur while using facilities or equipment.

DISCOUNTS

Discounts listed below apply only to Fitness Classes, Water Aerobics, and the Fitness Center. They DO NOT apply to specialty classes. Only one discount applies.

MISERICORDIA UNIVERSITY DISCOUNTS

- MU Student 50%
- MU Alumni 50%
- MU Employee 50%
- Senior Citizen 30%
- Immediate Family 20%
of Students, and Employees

GIFT CERTIFICATES

Give a gift of Fun & Fitness! Any value amount can be purchased. Great for birthdays, holidays, and that hard-to-buy-for person!

REGISTRATION

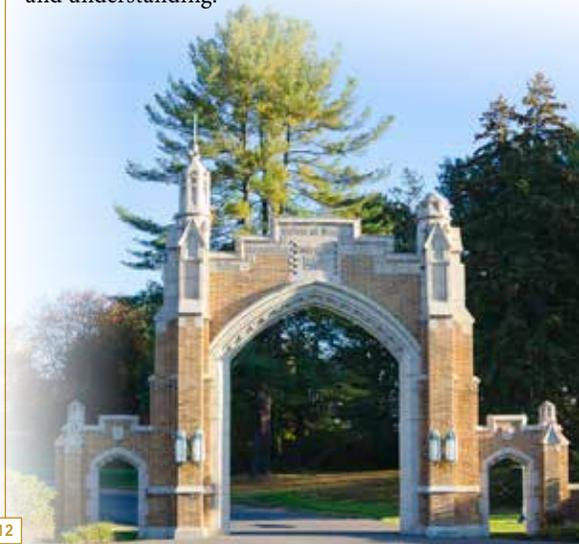
Advance registration is required on most programs as indicated.

REFUNDS/CANCELLATIONS

Refunds are not given AFTER class has occurred, for personal reasons, or natural weather phenomenon. Cancellations made at least 3 working days prior to the start of the program are eligible for a monetary refund.

SCHEDULES

Schedules are subject to change without notice. Misericordia reserves the right to adjust classes/spaces as needed when programs conflict with student activities. We appreciate your consideration and understanding.



Registration Misericordia University • Fun & Fitness • Non-Credit Summer 2019

Expect to be there! Confirmation will not be sent. If there is a problem with your registration, we will contact you.

PLEASE PRINT CLEARLY. ONE REGISTRATION FORM REQUIRED FOR EACH CAMP PARTICIPANT.

Participant *First* _____ *Last* _____ Sex _____

Address _____ Age _____

City _____ State _____ Zip _____

Parent or Guardian *First* _____ *Last* _____

E-mail address _____

Home Phone _____ Cell Phone _____

Program Name Payment must accompany registration	Full Cost	Discount	Final Cost	Office Use Payment By	
				Cc see below	Cash
	\$		\$	<input type="checkbox"/>	Check #
	\$		\$	<input type="checkbox"/>	
	\$		\$	<input type="checkbox"/>	
	\$		\$	<input type="checkbox"/>	
	\$		\$	<input type="checkbox"/>	
	\$		\$	<input type="checkbox"/>	
	\$		\$	<input type="checkbox"/>	
	\$		\$	<input type="checkbox"/>	

Credit Card: Visa MC Discover Acct # _____

Exp. Date _____ Signature _____

Person authorized to pick up child participant or provide temporary care if you are not available:

Release & Medical Consent: I agree to the above named person's participation in Misericordia University's non-credit programs, and waive, discharge and forever hold harmless Misericordia University, its officers, directors, employees and all other liabilities, claims, cause, damages or demands resulting from participation in usage of equipment. In event of an emergency, I authorize that medical attention be administered to the participant named above.

Signature of Participant/Parent or Legal Guardian of Minor _____

Phone _____

Additional emergency contact person and phone _____

Fun & Fitness Registration

Fill out and return by mail or in person to:

Misericordia University
Center for Adult and Continuing Education
Trocaire Building, 2nd Floor
301 Lake Street
Dallas, PA 18612-1090

Fax 570-674-6232

General Inquiries 570-674-6289

Make checks payable to
Misericordia University

Registration Misericordia University • Sports Camps • Summer 2019

Expect to be there! Confirmation will not be sent. If there is a problem with your registration, we will contact you.

PLEASE PRINT CLEARLY. ONE REGISTRATION FORM REQUIRED FOR EACH CAMP PARTICIPANT.

Participant *First* _____ *Last* _____ Sex _____

Address _____ Age _____

City _____ State _____ Zip _____

Parent or Guardian *First* _____ *Last* _____

E-mail address _____

Home Phone _____ Cell Phone _____

Volleyball Clinics Only: Position Played _____ High School Graduation Year _____

Program Name <small>Payment must accompany registration</small>	Cost	Final Cost	Office Use Payment By	
			<small>Cc see below</small>	<small>Cash</small> <small>Check #</small>
Boys' Baseball July 8-12, 2019	\$	\$	<input type="checkbox"/>	
Field Hockey June 24-28, 2019	\$	\$	<input type="checkbox"/>	
Soccer Success July 1-5, 2019	\$	\$	<input type="checkbox"/>	
Girls' Basketball July 8-12, 2019	\$	\$	<input type="checkbox"/>	
Boys' Basketball August 5-9, 2019	\$	\$	<input type="checkbox"/>	
Softball Camp for Girls August 12-16, 2019	\$	\$	<input type="checkbox"/>	
	\$	\$	<input type="checkbox"/>	

Credit Card: Visa MC Discover Acct # _____

Exp. Date _____ Signature _____

Applicable Sport Camps T-Shirt Size *If size is not indicated, large will be ordered.*

Adult S M L XL Youth S M L XL

Person authorized to pick up child participant or provide temporary care if you are not available:

Release & Medical Consent: I agree to the above named person's participation in Misericordia University's non-credit programs, and waive, discharge and forever hold harmless Misericordia University, its officers, directors, employees and all other liabilities, claims, cause, damages or demands resulting from participation in usage of equipment. In event of an emergency, I authorize that medical attention be administered to the participant named above.

Signature of Participant/Parent or Legal Guardian of Minor

Phone

Additional emergency contact person and phone

Sport Camps Registration

Fill out and return by mail or in person to:

Misericordia University
Anderson Sports Center
301 Lake Street
Dallas, PA 18612-1090

Please note the camp you are registering for on the mailing envelope.

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